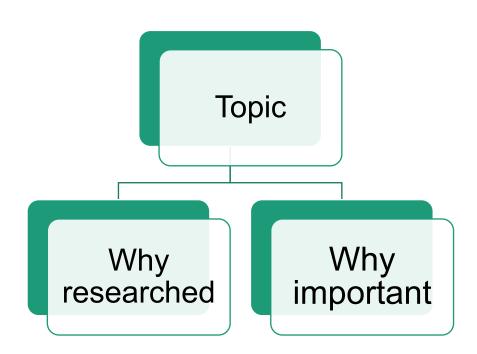
## Case Managers: A Qualitative Exploratory Case Study



Dr. Pamayla E. Darbyshire College of Doctoral Studies (CDS) The University of Phoenix Collaborative Alumni Researcher



# **Research Topic**



#### Who will benefit

- Leadership
- Academia
- Community
- Patients, professionals
- Providers

#### Background Definitions

Case Management

Case Study

Case Managers

Exploratory

Case management is a process. Connecting clients to health and social services.

Relationship-based, goaloriented, planning, securing, monitoring access for clients.

The case Manager is key to communication, and advocacy, as a change agent.

Exploratory: specific topic

Case Study: research approach to generate in-depth topic understanding in real-life context

## Literature Review

Understanding the Topic➤What case managers do➤Job descriptions

# Methodology

## Working through the Maze

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# What



#### We are doing

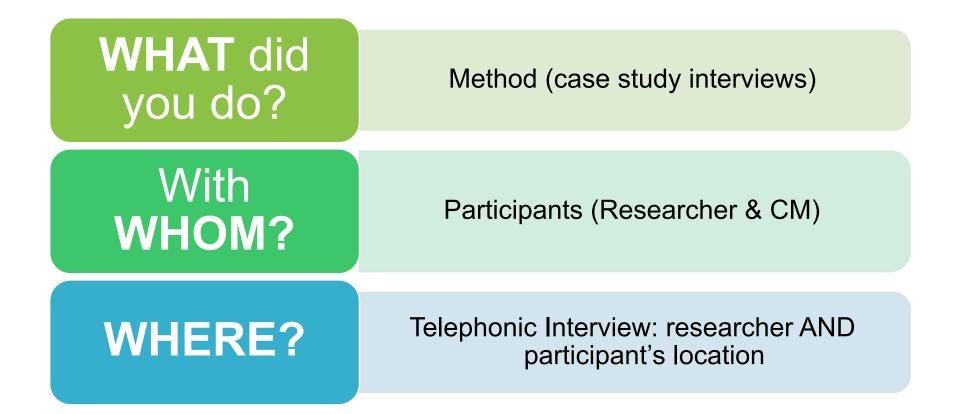
#### Purpose

explore, describe, discover, understand, and recognize the experiences of case managers

#### Problem

Lack of understanding of case managers collaborative efforts for individuals with chronic diseases

# Triangulation: 3 W's



# Findings

## Putting the Pieces Together

#### Final Themes

#### **Critical Thinking**

 Communication, problemsolving, aid in decision-making

#### Communication

- Trust important attribute in interactions with clients
- Emotional stability
- Mutual understanding, respect

#### Networking

- Opportunity to develop skills, learn of new developments
- Enhance knowledge, discuss difficult case with peers

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# Discussion

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## Usability

- Professional Focus
  - Leadership
  - Academia
  - Authorship
  - Researcher
  - Collaborative
    writer/research

## Discussion

## **Applicability**

- Multiple Professionals
  - Social Workers
  - Hospital Case Managers
  - Home Health CM
  - Occupational Health CM
  - Clinic Case Managers
  - Clinical Nurse Specialist CM

# Discussion For the Profession

#### Future development

Detailed job description based on healthcare settings

# Recommendations

Educate interdisciplinary health care professionals (**Teamwork**, **Critical Thinking**)

Facilitate efficient and effective leadership development (**Communication**)

Leaders must constantly explore and overcome challenges, including building collaborative relationships with other leaders (**Networking**)

# Significance of Interdisciplinary Collaboration

Joint decision-making and communication process

The focus: patient-centered, unique needs & providers' specialized abilities

Emphasizes teamwork, conflict resolution, and informatics

## Conclusion

## How does SPL fit with the profession of CM?

- Through Scholarship, we continue to learn and pass that knowledge to others
- As *Practitioners*, through our professional scope of practice
- Through *Leadership* and education to meet the needs of our clients

(Cardwell et al., 2021)



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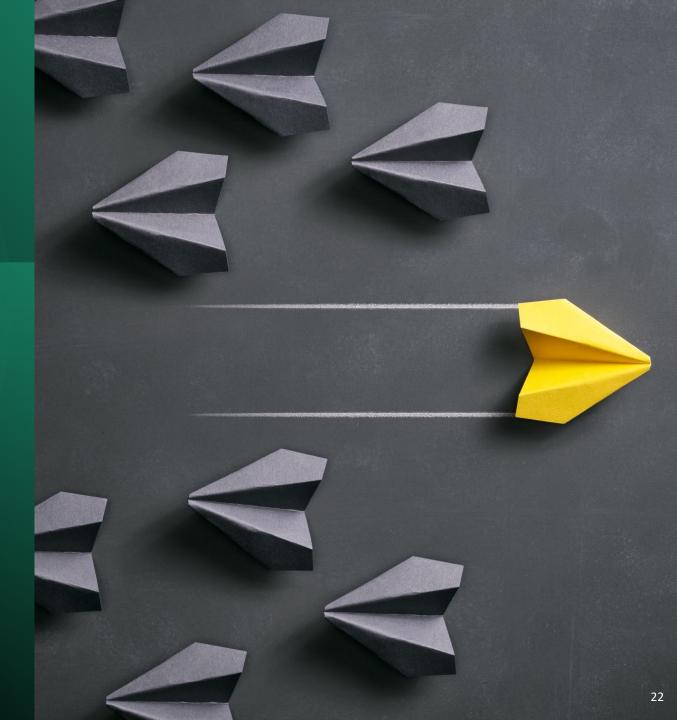
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### Theory

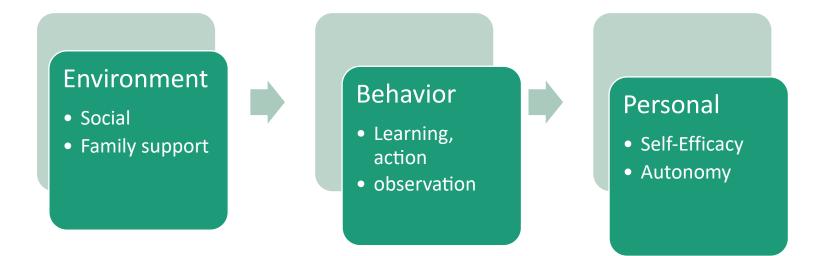
#### Social Cognitive Theory

Concepts intermingle with both theory and the model, and form the basis of Self Efficacy theory Concepts

Behavior Personal Environment

Self-Efficacy Theory integration with Case Management

## **Concepts of Social Cognitive Theory**



(Bandura, 1986).

## Integration SCT & HBM



(Bandura, 1986; Rosenstock and Becker, 1974; Rosenstock, Strecher, & Becker, 1988)

## Self-Efficacy Theory Integration with Case Management

